



# SICO

Swiss International College of Osteopathy

## 11.-13. January 2021



## POSTGRADUATE TRAINING: OSTEOPATHY AND THE THREE DOORS

BY PIERRETTE CYR, OSTEOPATH

Clinician for more than 30 years, Pierrette Cyr is a supervisor at the external clinic of the CEOM and professor at the College of Osteopathic Studies in Montreal, Toronto, Vancouver, Switzerland and Germany since 1995. She teaches programs on lymphatics, lungs and advanced palpation. In 2013, she gave a seminar on "The Three Doors" in Sacramento, California, USA

She graduated from the CEOM in 1992 following the submission of the memoir "Osteopathy, way of life". She earned her MSc in Science, Manual Therapy and Orthopedics from Emory University in Atlanta, Georgia, USA and a degree in Physiotherapy from the University of Montreal.

We are pleased to invite you to take part in the **seminar**

This seminar is a compilation of my thirty-two years of experience as an osteopath. My vision is to help restore the congruency between thoughts, sayings and deeds. In order to achieve that goal, **the human body possesses three main doors.** In facilitating the openings and the communication between these three doors, we can help our patients on their path of life and to allow them to return toward unity of self.

«Triune Human Being»

Join me for this formal and hands-on seminar where we will explore the human body and unlock these three doors. As you become familiar with this work and confident in integrating it into your own practice, you will be able to assist your patients restore their unity.

Looking forward to sharing with you my passion for osteopathy, movement and life!

### Recommended for:

Student					PG
1st	2nd	3rd	4th	5th	C.O./D.O.

### Location:

SICO, Zinnenstrasse 7, 6353 Hertenstein  
Switzerland

### Synopsis

- The Triune Human Being.
- The relationship of the three diaphragms and the individual cohesion.
- The perinatal memories and the notion of ignition.
- The importance of the breathwork.
- The eyebody: integrating the eye, the brain and the body.
- The Diamond body

### Practical Program

1. Assessment of the body cohesion.
2. Active listening.
3. The perinatal memories work.
4. The breathwork.
5. Integrating of the heart and the body
6. The eye protocol
7. The Diamond body

### Note!

Places limited to 10 people.

### Dates and Time:

11. – 13. January 2021

9am – 5.30pm

### Cost: lunch included

CHF 690.-

### Inscription:

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# SICO

Swiss International College of Osteopathy

Fill out and send in a window envelope:

SICO Swiss International College of Osteopathy  
Zinnenstrasse 7  
6353 Hertenstein

## Inscription

**Osteopathy and the Three Doors, 11.- 13. January 2021** **CHF 690.-**

First Name, Last Name

Address

Postal Code, City

Phone, E-mail

I eat vegetarian       I need special food:

Yes, I need a room:

<input type="checkbox"/> Single room EZ:	<input type="checkbox"/> shared bathroom, Fr. 85.50
	<input type="checkbox"/> bathroom onsite, Fr. 105.50
<input type="checkbox"/> Double room DZ, shared with:.....	<input type="checkbox"/> shared bathroom, Fr. 69.00
	<input type="checkbox"/> bathroom onsite, Fr. 85.50

Date, Signature

With my signature I confirm that I agree to the following cancelling policy. Cancellation more than 2 weeks prior of the course will be charged with CHF 50.00. Cancellation within less than 2 weeks will be charged with full price if doctors attest is absent.